

## HLTAID011 Provide First Aid

### Application and Relevance

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies. The unit applies to all persons who may be required to provide a first aid response in a workplace or community setting.

**Course Currency Status:** current

### Duration

7 hours face-to-face classroom or workplace training and assessment with 5 hours online or workbook pre-work

### Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. Topics include:

- + Assessing an emergency situation
- + Airway and breathing management, including choking and drowning
- + CPR techniques, defibrillation and AED safety and maintenance
- + First Aid management of the unconscious casualty
- + Medical conditions including cardiac, stroke, diabetes & seizures
- + Asthma, allergy and anaphylaxis
- + Contents of First Aid kits
- + Infection control and First Aid for minor wounds
- + Control of major external bleeding and shock
- + Hyperthermia and hypothermia
- + Venomous bites and stings
- + Poisons
- + Burns
- + Eye injuries
- + Soft tissue injuries
- + Dislocations and fracture management
- + Head, neck and spinal injuries
- + Incident reports
- + Debriefing and review of critical incidents



### Entry Requirements

There are no prerequisite units. Participants will need the ability to meet the physical demands of providing first aid. Participants will also need oral communication skills to make an accurate verbal report to emergency services as well as the written communication skills needed for completion of a First Aid Incident Report. Prior to the start of face-to-face practical training, there is a short quiz to check language, literacy and numeracy skills and to authenticate the pre-work.

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Further Info

Please refer to the Student Handbook available at [livcor.com.au/students](http://livcor.com.au/students) for additional information.

All students will be enrolled with LivCor—RTO 3586—which will be responsible for the quality of training and assessment provided and for issuing Statements of Attainment for the units of competency on its scope.

This accredited training and assessment will be conducted under LivCor responsibility and direction by